

## WWH 3/15

By the Homeroom and Clubs Committee





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### Winners will receive a pass\*.

\*Please go to the counseling office after school to exchange your pass for a treat.







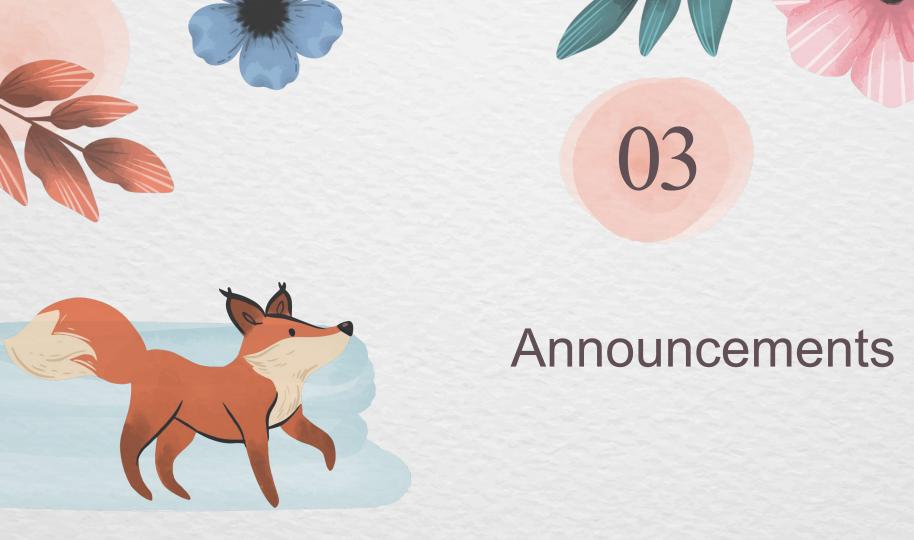
Birthdays



Happy Birthday To...

Karolina A, Sherilyn L, Jay K, Cordelia R, Claire G, Mason N, Siena S, Maanya S, Tongze Y, Jack J, Briggs M, Andres N, Lindsay Z, Elijah R, Rohan R, Parmis D, Alanis H, John K, Jeyanth Narayan P, Riuke S, Irena Z, Katerina B, Auri G, Maya G, Anya L, Claire L, Noah F, Liam G, Jie H, Lucas L, Mia L, Tyler S, Daniel T, Ayden F, Maximus F, Jihoo H, Tristan T, Elliana L, Maggie L, Chloe C, Derick C, Isaac M, and Gordon W

Made By Rohan Roy of the HR and Clubs Committee



# Don't Forget to Walk to the lunch line

		Mindful Monday Feed your intellect (and your stomach!)	Team Tuesday Take Care of your Physical Health	Welcome Wednesday Enjoy some time with Music and Animals!	Thoughtful Thursday Make time for friendship, co- operation, and healthy competition	Fun Friday Celebrate - a healthy mind, St. Patrick's Day and the end of the week!
	Oress Up heme	Wear your favorite number by repping sports jerseys! (or Pi Day T-shirts)	Wear your favorite work out look!	Face the music! Dress as your favorite musician or wear your favorite band t-shirt.	Set goals for the future and wear college merch!	Wear Green!
	Homeroom and Lunch	Pi Day throughout the day. Math Challenges, Crafts and Fruit Pie!	Quiz in the LC - Prizes for the winners  Healthy Wellness Walk with PE staff.	Come visit the Therapy Dogs in Wellness Center  PTMS Rock Band in the Quad at lunch.	ASB Scavenger Hunt and Games outside - prizes!  Quiet board games & Mindful Coloring in the Wellness Center	DJ Eric - St Patrick's Day games and music in the Quad at lunch  Torrey Pines PALs Mental Health Presentations during Home Room





### **Eid Donation Drive**

PTMS is hosting a donation drive leading up to the Islamic holiday Eid. Eid marks significant events in the Islamic lunar calendar. There are many Muslim refugees coming to San Diego and it is important to help our new community members.

Donate New to Gently Used: Clothes, toys, books, and blankets

Where: Homerooms will be given boxes soon

When: April 10 - April 21







# PTMS Club Spotlight: Gardening Tub

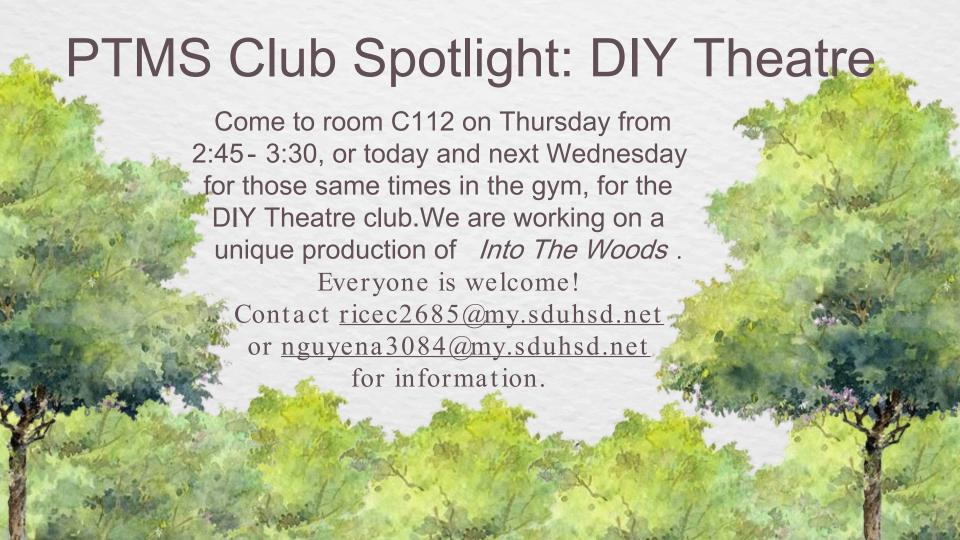
Join us after school between the Learning Commons and the B Building to have some fun in the garden! Learn all about seeds, plant care, and pollinators. Each week, we are joined by an expert gardener. We hope to see you there!

spotlighted?

Want your club to be

Contact ricec2685@my.sduhsd.net







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## NCAP NARCH NADNESS®



3 on 3 Lunch League Basketball Tournament start on March 21st.

Get a signup sheet from the PE team or get a sheet in the Wolfpack Connection Google Classroom.

